



# Sun Safe Policy

## Covers

→ Sun Safe Procedure

## Intention

Nurturing Family Day Care Scheme acknowledges that sun safety is vital to the protection of children, and that being in Queensland ensures that all personnel are required to be extra diligent in and around the sun to promote, educate and safeguard against being sun burnt, skin damage and skin cancers.

## Overview

This policy, and all policies and procedures that are associated with the Sun Safe Policy, are implemented at all registered residences and venues by educators, staff and families who are allied with the scheme.

This comprises of -

- The ways in which all parties will work together to protect children from sun damage.
- How to be sun smart.

The approved provider of the service will ensure –

- Educators, coordination staff and families have been given this policy and are working with together to ensure that the procedure is being followed for the benefits of all children.
- That the SunSmart app is on all devices given to the registered residence or approved venue and that during orientation educators are able to view the contents of the app effectively.
- They lead by examples when at registered residence or venues and while out on excursions in the community.

### Sun Safe Procedure

The approved provider will work in partnership with all educators and families to promote the sun safe message and protect children from sun damage. Queensland has one of the highest rates of skin cancer in the world but being SunSmart can defend against this risk.

**To ensure that children are safe from the sun and the potential risk of skin cancers later in life, all individuals will work together to protect children from this harm by –**



- Being a positive role model and promoting the sun safe message to children, such as the Slip, Slop, Slap, Seek, Slide message.
- Including this positive message in routines and programs in order for it to be embedded in the daily lives of all.
- Communicating with each other in regard to if there are any medical conditions or health considerations (suitable to sun damage) during the enrolment process and continually while with Nurturing Family Day Care Scheme.
- Having hats available (broad brim or legionnaire styles provide the greatest protection), whether brought in from home or on hand at the registered residence or venue, so that children can wear them at all times while outside.
- Applying SPF30+ (or higher) broad spectrum sunscreen (water resistant) at least 20 minutes before a child is exposed to the sun, providing resources in the shade and encouraging children to use them to allow the sunscreen to work effectively.
- Reapplying sunscreen when directed by the manufacturer or at least every 2 hours.
- Providing sunscreen at the registered residence or venue if parent permission is granted on the enrolment form, with families required to bring their own each day if no is indicated.
- Dressing children in sun protective clothing to promote sun safe behaviours and protect their skin.
- Providing and promoting the use of appropriate sunglasses (Australian Standard 1067) where possible.
- Remaining up to date on new sun safe messages, best practice expected and sharing this message with all parties in relevant context. Children of all ages are able to learn.
- Having adequate shading in outdoor areas, whether at the registered residence, approved venue or on excursions, and moving resources to ensure that they are promoting play in the shade.
- All children under the age of 12 months should be placed in the shade and never left in the sun, minimising expose during the hottest times of the day.
- Understanding and working with the information as written by the Cancer Council on sun safe practices.
- Knowing and educating all personnel about the times of the year that require extra vigilance, while acknowledging that the sun in Queensland can be at a high UV index at any time of the year.
- Having the SunSmart app on the Scheme's device to monitor the UV rating in the area and viewing the UV rating expected on excursions when needed.
- Following the advice as listed by the SunSmart app to ensure that when sun protection is required and to what degree is maintained at all times.
- Comply with the Sun Protection Policy as per Occupational Health and Safety Act.

## Sources

Education and Care Services National Law and Regulations 2011 (Updated October 2023)

- **Section 167 (protection from harm and hazards), Compliance directions**
- **Reg 110, Ventilation and natural light**
- **Reg 155, Interactions with children.**
- **Reg 168, Education and care services must have policies and procedures.**
- **Reg 178, Prescribed enrolment and other documents to be kept by family day care educator.**
- **Reg 181, Confidentiality of records kept by approved provider.**
- **Reg 182, Confidentiality of records kept by family day care educator.**



- **Reg 183, Storage of records and other documents.**
- **Reg 184, Storage of records after service approval transferred.**

National Quality Standard (Updated February 2018)

- **2.1, Each child's health and physical activity is supported and promoted**
- **2.1.3, Healthy eating and physical activity are promoted and appropriate for each child**
- **2.2, Each child is protected**
- **2.2.1, At all times, reasonable precautions and adequate supervision ensure children are protected from harm and hazard**
- **3.1.1, Outdoor and indoor spaces, buildings, fixtures and fittings are suitable for their purpose, including supporting the access of every child**
- **3.2.1, Outdoor and indoor spaces are organised and adapted to support every child's participation and to engage every child in quality experiences in both built and natural environments.**
- **6.1, Respectful relationships with families are developed and maintained and families are supported in their parenting role.**
- **6.2, Collaborative partnerships enhance children's inclusion, learning and wellbeing.**
- **7.1, Governance supports the operation of a quality service.**

Early Years Learning Framework

**Cancer Council Australia**

**Staying Healthy in Child Care - Preventing Infectious Diseases in Early Childhood Education and Care (5th Edition) 2013**

QLD Health

## Review

The policy will be reviewed annually.

The review will be conducted by:

- Approved Provider
- Employees
- Educators
- Families
- Interested Parties

Created: May 2017

Reviewed: October 2017

April 2018

April 2019

March 2020

March 2021

March 2022

March 2023

March 2024

Next review: March 2025